

**Dr. Kwon's Golf Mini-Talk Series**  
**Live Zoom Lectures**  
**June 13-24, 2022**



**GOLF BIOMECHANICS**  
Instructor Training Program

**Dates:**

Monday, Wednesday, & Friday for 2 weeks  
June 13, 15, 17, 20, 22 & 24, 2022

**Time:**

9-11 am US CDT (UTC-5)

**Lecture Topics:**

1. Ground-up (June 13)
2. Rhythm in golf swing (June 15)
3. Kinematic sequences (June 17)
4. The K·GRAND=IO=SE swing principles (June 20)
5. Swing morphology (June 22)
6. Commonly observed motion pattern issues (June 24)

**Delivery Platform:**

Live online Zoom lectures  
PDF handouts will be provided beforehand.  
Recorded lectures will be posted to YouTube as private videos for later views/reviews.

**Registration:**

Tuition: \$200  
Level-2 Kwonified: free  
Level-1 Kwonified: \$100  
Retake: free

To register, send the following to [kigreLLC@gmail.com](mailto:kigreLLC@gmail.com):

- Full name & a gmail address associated with your Google account (required)

Please visit [http://drkwongolf.info/mini\\_talk.html](http://drkwongolf.info/mini_talk.html) for brief lecture outlines.

## Brief Lecturer Bio



Young-Hoo Kwon, Ph.D., FISBS  
Professor of Kinesiology  
Director, Biomechanics Laboratory  
School of Health Promotion & Kinesiology  
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### **Education**

- PhD in Exercise & Sport Sciences (Biomechanics), The Pennsylvania State University, University Park, PA (1993)
- MEd in Physical Education (Biomechanics), Seoul Nat'l University, Seoul, Korea (1986)
- BS in Astronomy, Seoul Nat'l University, Seoul, Korea (1984)

### **Employment**

- Associate & Full Professor, School of Health Promotion & Kinesiology, Texas Woman's University, Denton, TX (2002-)
- Assistant & Associate Professor, School of Physical Education, Ball State University, Muncie, IN (1997-2002)
- Senior Researcher, Biomechanics Dept., Korea Institute of Sport Science (KISS), Seoul, Korea (1993-1997)

### **Professional Activities**

- Lesson of the Year Award, Golf Digest Japan (April 2019)
- In-depth biomechanical golf swing analysis service for elite golfers (2014-)
- Lecturer, Golf Swing Biomechanics, Korean PGA Class-A Program (2017-)
- Past President (2019-2020), President (2017-2019), President-Elect (2016-2017), VP of Publications (2002-2007), & Director (2008-2014), International Society of Biomechanics in Sports
- Life Member (2015) & Fellow (2008), International Society of Biomechanics in Sports
- Editor-in-Chief, Sports Biomechanics (2007-2014)
- Developer, Kwon3D Motion Analysis Suite & Kwon3DGolf, Visol, Inc., Seoul, Korea (1991-)

Please visit <http://drkwongolf.info/drkwon.html> for select golf-related publications and presentations.

Please visit [http://drkwongolf.info/swing\\_anal.html](http://drkwongolf.info/swing_anal.html) for details on the swing analysis service at TWU.